



THE COACHING GROUP

# MY SITUATION

HAVING CLARITY OVER THE LEGAL PROCESS AND YOUR OPTIONS CAN INFORM THE CHOICES YOU MAKE AND MAKE YOU FEEL MORE IN CONTROL. SEEKING THE HELP OF A LEGAL SPECIALIST IS ONE WAY TO DO THIS. HAVING A CLEAR UNDERSTANDING OF YOUR SITUATION WILL MAKE FINDING THE RIGHT SUPPORT EASIER.

Find clarity and get the right support by understanding your own situation. Use the questions below to get you started:

## **Country**

- What country do you live in?
- Is there an international aspect to your relationship? (married abroad, expat, etc.)

## **Finances**

- Are there complex finances? (multiple properties, assets in multiple countries, etc.)
- Is there a family business? (business, farm etc.)

## **Children**

- Do you have children under 18 years old?
- Do you want to relocate with your children?

## **Other considerations**

- Are you married or cohabiting?
- High/low conflict?
- Domestic abuse or coercive control?

## **Questions**

- What questions/concerns do you have about the legal process?

