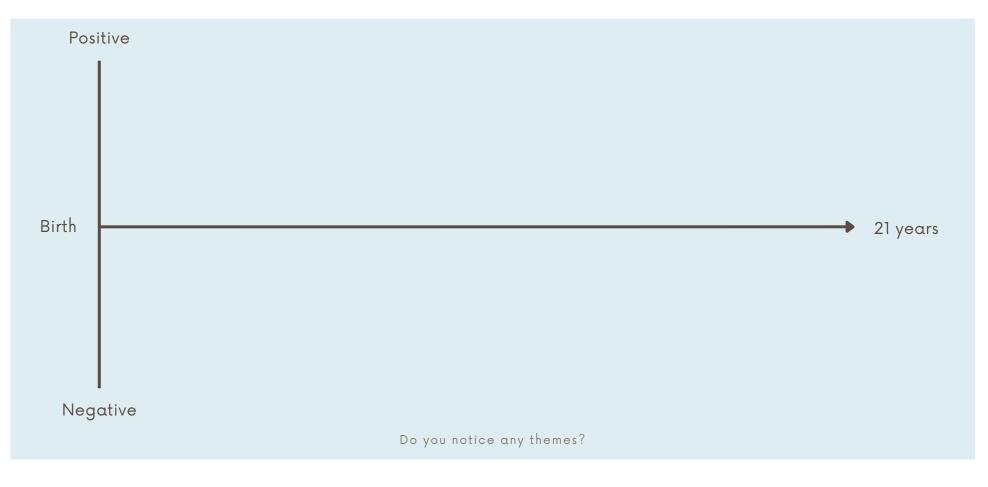


## TIME LINE

THIS EXERCISE IS DESIGNED TO HELP YOU EXPLORE YOUR CORE STORY BY VISUALLY MAPPING SIGNIFICANT LIFE EVENTS AND EXPERIENCES ALONG A TIMELINE. IT CAN PROVIDE VALUABLE INSIGHTS INTO HOW THESE EVENTS HAVE SHAPED YOUR CORE BELIEFS AND PERSPECTIVES.



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